

CHARTERED 
INSTITUTE OF PROFESSIONAL CERTIFICATIONS

UK CONSUMER PACKAGING AND LABELLING REGULATIONS AND COMPLIANCE

Fully Accredited
By:

Chartered Institute of
Professional Certifications

CPD
Certification Service

PROGRAM OVERVIEW



The complexity of the UK Consumer Packaging and Labelling Regulations lies in their **multifaceted approach to sustainability, environmental protection, and consumer transparency**. Businesses must comply with rigorous laws such as the Packaging and Packaging Waste Directives, the plastics packaging tax, and REACH, while adapting to evolving post-Brexit regulations. **Non-compliance can result in hefty fines and reputational damage, as evidenced by the £200 per ton charge** under the Plastics Packaging Tax, which has driven businesses to reassess their packaging strategies.

This certified program is designed to provide you with practical knowledge and skills essential for understanding and navigating the regulatory frameworks that govern packaging and labelling in the UK. You will gain in-depth insights into **key legislative aspects, including the Packaging and Packaging Waste Directive, the Plastics Packaging Tax introduced in April 2022, the Weights and Measures (Packaged Goods) Regulations 2006, and industry-specific standards for packaging requirements**.

With a focus on developing hands-on expertise, you will explore critical topics such as sustainable packaging strategies, compliance measures, and the implications of international legislation on UK operations. Additionally, you will learn how to **comply with material composition standards, packaging design criteria, chemical safety limits, as well as labelling and information mandates**. You will also gain a deep understanding of the **legal requirements and upcoming changes in packaging and labelling regulations**, such as the implementation of Deposit Return Schemes and new environmental initiatives like the UK Plastic Pact targets for 2025.

ACCREDITATIONS



4.8



4.6



PROGRAM OVERVIEW



Throughout the program, you will discover the **best practices in sustainable packaging, learn how to develop compliant labels, and master the required steps for testing and traceability.** The curriculum includes practical exercises in packaging assessment, labelling compliance checks, and environmental impact calculations. By the end of this program, you will be equipped with the knowledge and skills to address regulatory challenges, implement effective compliance strategies, and adopt sustainable practices in the packaging and labelling domain.

Upon successfully completing the program, you will attain the **Certification in UK Consumer Packaging and Labelling Regulations and Compliance**, enhancing your professional credentials and amplifying your expertise in the vital area of packaging and labelling compliance. This industry-recognized certification will provide you with **lifelong validity** and will distinguish you as an expert in ensuring to compliance with ethical packaging and labelling standards.

ACCREDITATIONS



4.8



4.6



KEY SKILLS YOU WILL GAIN

From This Program



**UK CONSUMER PACKAGING REGULATIONS
LABELLING REGULATIONS
REGULATORY COMPLIANCE
SUSTAINABLE PACKAGING SOLUTIONS**

**PACKAGING WASTE DIRECTIVES
PLASTICS PACKAGING TAX
ESG FRAMEWORKS
COMBATTING GREENWASHING**

**ENVIRONMENTAL IMPACT ANALYSIS
RESPONSIBLE MATERIAL SOURCING
ECO-DESIGN
RISK MANAGEMENT**

**GLOBAL REGULATORY INSIGHTS
REACH REGULATIONS
FOOD AND COSMETIC PACKAGING
INDUSTRY-SPECIFIC REGULATION
BIODEGRADABLE PACKAGING**

**SUSTAINABLE PACKAGING
COMPLIANCE STRATEGIES**

YOUR FACULTY DIRECTOR



Tamara Thomas

Expert in Consumer Packaging, Sustainability, and Circular Economy

Tamara Thomas is a distinguished expert in packaging and labelling, with a proven track record of **working with global organizations such as McDonald's, Tesco, Unilever, and Marks & Spencer**. Renowned for her leadership in sustainable packaging, compliance, and circular economy practices, Tamara excels in crafting value-driven supply chains, optimizing processes, and delivering innovative solutions. Her expertise lies in seamlessly **integrating sustainability into business operations, helping organizations achieve their goals while aligning with environmental and regulatory standards**.

Tamara's expertise spans packaging design, recycling strategies, and regulatory compliance. As a consultant to FTSE companies, she focuses on aligning sustainability goals with operational efficiencies while fostering crossfunctional collaboration. Her **ability to navigate complex challenges in supply chain and procurement ensures impactful solutions that drive quality, innovation, and environmental responsibility**.

A sought-after speaker and published author, Tamara has shared her insights on sustainable packaging and circular economy at industry events, including a B-Corp forum. She is also skilled in crisis management, risk mitigation, and executing large-scale projects. Tamara's work extends beyond FMCG and retail, including private projects for high-profile individuals in music, sport, and fashion. Her expertise and commitment to sustainability make her a **leading voice in advancing consumer packaging practices and driving systemic change across industries**.

OUR PARTICIPANTS

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Life is our life's work



Nestlé

PROGRAM AGENDA

MODULE 1 - INTRODUCTION TO UK PACKAGING AND LABELLING LAWS

- What is Packaging and What Does it Cover?
- What are the UK Regulations Around Packaging?
- What are the Key Influences Over Packaging?

MODULE 2 - CONSUMER RELATIONSHIP WITH PACKAGING

- The Necessities of Packaging and Labelling
- Consumer Protection from Unfair Trading Regulations
- Greenwashing

MODULE 3 - ENVIRONMENTAL PROTECTION AND SUSTAINABLE PACKAGING

- Legislation Around Packaging and its Impact to the Environment
- Linear vs Circular Economy
- 4Rs

MODULE 4 - FUTURE TRENDS AND INNOVATIONS IN PACKAGING AND LABELLING

- Designing for the Future: Innovation Around Sustainability

- Biodegradable and Compostable Packaging
- Look at Bioplastics in Industries

MODULE 5 - REGULATIONS AND TAXES THAT IMPACT PACKAGING

- Packaging Tax and EPR
- Packaging and Packaging Waste Directive
- Green Economy
- Packaging Waste

MODULE 6 - COMPLIANCE STRATEGIES AND RISK MANAGEMENT

- ESG and Packaging
- Sustainability Roadmap and Strategies
- Compliance Overview

MODULE 7 - INTERNATIONAL LEGISLATION IMPACTS ON UK PACKAGING

- Brexit Influences
- International Legislation Influences
- Supply Chain Impact on International Operations



PROGRAM AGENDA

MODULE 8 - PACKAGING RULES

- The Weights and Measures (Packaged Goods) Regulations 2006
- Foods and Packaging Regulations UK
- The Packaging (Essential Requirements) Regulations 2015

MODULE 9 - CHEMICALS AND PACKAGING

- Forever Chemicals
- REACH
- PFAs and EPS

MODULE 10 - INDUSTRY REGULATIONS

- The Tobacco and Related Products Regulations 2016
- The Cosmetics Products Enforcement Regulations 2013
- Food Information Regulations 2014 (FIR)

YOUR CHARTER DESIGNATION



Chartered Institute of Professional Certification's programs are unique as they provide you with professional charter designation and mark that can be used across your lifetime once you have completed our programs.

Upon successfully attending this program, you will be awarded with the **Certification in UK Consumer Packaging and Labelling Regulations and Compliance** that can be used in your resume, CV and other professional credentials. This certification is industry-recognized with lifelong validity.

Globally demanded and recognized, this certification will amplify your professional qualifications and demonstrate your expertise in navigating the intricacies involved in consumer packaging and labelling compliance in the UK. Developed by **Chartered Institute of Professional Certifications**, the content of this program has been independently accredited by **CPD Certification Service** as adhering to the highest standards of continuing professional principles.

ABOUT US

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390

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CONTACT US TODAY

We Thank You for Your Ongoing Support
of Our Programs

Singapore and Asia Pacific Enquiries

Email: advisor@charteredcertifications.com
Phone: +65 6716 9980
Address: Chartered Institute of Professional Certifications
1 Gateway Drive
#20-04 Westgate Tower
Singapore 608531

Australia and New Zealand Enquiries

Email: advisor@charteredcertifications.com
Phone: +61 3 9909 7310
Address: Chartered Institute of Professional Certifications
530 Little Collins Street, Level 1
Melbourne VIC 3000, Australia

UK, Europe and Middle East Enquiries

Email: advisor@charteredcertifications.com
Phone: +44 (020) 335 57898
Address: Chartered Institute of Professional Certifications
86-90 Paul Street
London, EC2A 4NE

USA Enquiries

Email: advisor@charteredcertifications.com
Phone: +1 888 745 8875
Address: Chartered Institute of Professional Certifications
99 Wall Street #3936
New York, NY 10005